I want to be a better reader and I have to work a lot for that. When the teacher reads, it's uh... I can understand but when I read, it's a little bit complicated. Like it's not fun, reading. It takes me a lot longer to read the same thing. Like big words and like forgetting to sound out sometimes. Homework's hard for me, so I just quit and Grandma thinks I'm just lazy. Some days it's really hard for reading but I'm working on it.

Sound familiar? It does if you know someone with dyslexia. In this video, we'll talk about what dyslexia looks like and feels like, what it is and what it ISN'T. In our next video, we'll examine how public schools in North Carolina identify and teach students who have dyslexia.

So I'm actually relieved it might have a name - dyslexia. Makes sense. I have trouble reading all my life. He's doing ok right now, but I'm worried about those middle school textbooks. Yeah, all that reading... My daughter can do so many great things -- there's just something about reading, but we'll get through it, right? Yes!

HOST: Dyslexia is a learning difference based in how the brain processes the sounds that make up words.
What is Dyslexia?  FINAL
Transcript

Go ahead and write about your favorite character.

HOST: It can make learning to read, speak,
and spell much more difficult.

People with dyslexia have brains that are wired
differently for language.

MOM 2: Give some space in here...

♪ ♪

They don't see right.

They see things on the page backwards.

STAMP

They don't try.

You grow out of it.

STAMP

I'll never learn to read.

STAMP

Here's what we know:

Here's what we know:

[CHIME]

Children with dyslexia find learning to read difficult
because they don't recognize words as easily
as other children do.

MOM 2: Alright, can you start here...

With reading, we're always starting over,
same with spelling.

MOM 1 and CHILD: Sound it out... g-gr-grow-n-ups...

MOM 1: She has to sound out a word every time she sees it.

MOM 1 and CHILD: R-O-W...

[CHIME]

Students with dyslexia struggle to recognize words
every time and then, to read them correctly,
automatically, and fluently.

The extra time spent on each word can interfere
with comprehension.

It's chore day!

GRANDMA: He works so hard at reading, he can't understand
What is Dyslexia?

Dyslexia affects up to 1 in 5 people. While it can run in families, no two people experience it the same way.

Dyslexia literally means “difficulty with words,” and despite what you may have heard, the challenges faced by people with dyslexia are NOT related to intelligence, lack of effort, or vision problems. Even before children learn to read, dyslexia can appear as difficulty with the sounds that make up language.

She didn't speak as early or use as many words as other kids the same age.

Dyslexia’s brain-based differences can affect language skills other than reading, and even show up in unexpected areas.

Dad 3: His handwriting is very slow which makes it frustrating to express himself.

Mom 2: It’s like the other kids don’t get her.

Mom 1: I think she feels bad and maybe even thinks she's different and it's making her anxious.

Grandma: Let’s break down this word, glu-tin-ous...
What is Dyslexia? FINAL

Transcript

05:02 Children with dyslexia can learn to manage
05:03 its challenges AND learn to read.
05:06 The earlier we start with the right instruction,
05:08 the better!
05:09 CHILD 2: I'm going to read you a story.
05:11 Oh, that's awesome!
05:13 HOST: North Carolina's public schools are committed
05:16 to the success of every child, including those with dyslexia.
05:20 CHILD 3: ...we could hardly believe our eyes...
05:22 HOST: Please watch our next video about how schools
05:24 identify and teach students with dyslexia,
05:28 then check out our other resources to learn more.
05:32 There's a lot to know...
05:34 CHILD 2: ...in "signal" file...
05:36 HOST: ...and we're here to help!
05:37 CHILD 2: ...along the trail...