



Awakening the Possibilities of Strength Based Coaching

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The 2015
 award for the
 greatest of
 words in
 speech

THE CHILDREN'S COCHLEAR
 IMPLANT CENTER AT UNC

What Makes a Great Coach?







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**“The conductor of an orchestra
 doesn’t make a sound. He
 depends for his power, on his
 ability, to make other people
 powerful” Ben Zanders**



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Strength Based Coaching



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Story Telling



"When we tell and listen to stories, we can almost feel our souls breathing fully and deeply. Our capacity to see options, to visualize possibilities, to imagine expands and we are somehow more alive." – Michael Parent



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Strategy - Listening



"If we were meant to talk more than listen, we would have two mouths and one ear."

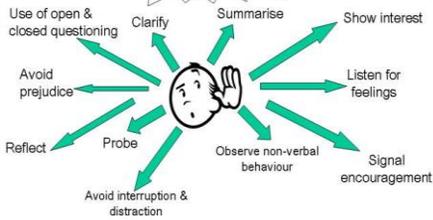
-Mark Twain

4 Responses of Listening – Stephen Covey



- Evaluating – Judge and agree or disagree
- Probing – Ask questions from your own point of reference.
- Advising – give counsel, advice, solutions to problems.
- Interpreting – analyze others motives and behaviors based on own experience.

Active Listening



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Empathy



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Feelings

Needs Met	Needs NOT Met
Happy	Disgusted
Excited	Angry
Joyful	Upset
Relaxed	Tense
Curious	Afraid
Confident	Vulnerable
Engaged	Confused
Peaceful	Sad
Content	Pain



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Appreciative Inquiry



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Powerful Questions



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Design Thinking





Brainstorming



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